

# PATHS AROUND FOYERS



## Description of Walks

The walks detailed in this leaflet provide nearly 16 miles of footpaths and tracks that can be joined together to form individual circular routes. Combinations of these walks can be linked together to offer a wide choice of scenery and distance to suit most tastes and abilities.

For your guidance and safety the routes are waymarked with coloured paths and signposts which can be found where major paths leave roads. In general, always follow the main path or track unless directed otherwise.

There are steep drops adjacent to some sections of the walks and working machinery and vehicles can present danger. It may be necessary to close sections of the walk network for short periods while essential operations are in progress. So always take care when walking in the countryside and keep control of young children and dogs.

Even on short walks conditions can vary considerably. Be prepared for muddy paths, long grass and wet weather. Stout shoes and waterproofs make walking more comfortable and together with a map are essential on the hill routes.

**Cyclists** are welcome on roads and vehicle tracks.

**Hors riders** should inquire locally about using tracks and paths. Maps are available from Forest Enterprise showing routes suitable for horses.

**Wheelchair users** may find many of these routes too steep or too rough for satisfactory exploration. Some of the routes worth considering are those around Lower Foyers old bridge, the works, the pier by Loch Ness and the burial ground. See routes C and D.

## Recommended Routes Around Foyers

**FOYERS PIER TO INVERFARIGAIG - lochside route**  
3.5km / 2 miles, allow 1.5 hours - **BLUE ROUTE**

This route takes you along the loch side through hazel woodland once coppiced for fencing and charcoal making as well as an old conifer plantation. Look out for the bat boxes attached to the conifers between path and shore. This route runs parallel to General Wade's military road.

**INVERFARIGAIG TO GLEANN LIATH CIRCUIT**  
5km / 3 miles, allow 2 hours - **GREEN ROUTE**

Starting at the Farigaig Forest Centre, this route climbs into the forest before descending into Gleann Liath (its name means 'grey glen'). Enjoy the green, moss covered sides of the glen, before returning to Inverfarigaig. Admire the views over Dun Dearduil, site of an ancient hill fort, on your return.

### CAMUS FOREST

4km / 2.5 miles from Upper to Lower Foyers, via viewpoint  
over Loch Ness, allow 1.5 hours - **YELLOW ROUTE**

This route takes you over the Upper Falls of Foyers. There has been a bridge over the Upper Falls since 1786. Before that there was only a log over a narrow point that was used as a footbridge! The track then starts to climb gently. It's worth the effort though, as there are splendid views across Loch Ness. To return from the viewpoint retrace your steps to the main path. Look out for the old dovecot by Foyers Mains Farm.

### ALLT CAOL LOOP

3.5km / 2 miles, Allow 1.5 hours - **GREEN ROUTE**

This delightful circuit follows the course of the Allt Caol Burn which winds through mature woodland, before returning to the road on well built forest track. Try to spot the hut circle remains as the path joins the forest track. This path can be wet underfoot.

**FOYERS TO INVERFARIGAIG - hill route**  
4km / 2 miles, allow 1 1/2 hours - **RED ROUTE**

Follow the track in front of the church, behind the primary school, and uphill. The waymarkers will lead you over the hill Toman Tarsuinn. From the summit you get great views over Loch Ness.

# Short Walks From Foyers

# Routes & Key

### How To Get There:

Located on the eastern shores of Loch Ness, Foyers is 19 miles / 31 km south west of Inverness on the B852.

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**A) Foyers Falls. BLUE ROUTE**  
Don't miss the spectacle that made Foyers famous. Start from the shop and follow the signs to the waterfall. The waymarked route follows the gorge.

**B) Upper to Lower Foyers. BLUE ROUTE**  
The alternative route downhill. Why not return by following the blue waymarked Foyers Falls path?

**C) Round Foyers Bay. YELLOW ROUTE**  
An attractive woodland walk giving good views over Loch Ness. Start from the fish farm.

**D) The Burial Ground. GREEN ROUTE**  
Access to the woodland and monument overlooking Loch Ness.

**E) Foyers Hotel to the pier. BLUE ROUTE**  
Takes you along a woodland path down to the loch shore.

**F) Creag nam Broc reservoir. GREEN ROUTE**  
A little more challenging but worth the effort! Good views. Path can be wet at times.

LEGEND	
	Forestry Commission Land
	Forestry Commission Woodland
	Other Woodland
	Main Road
	Secondary Road
	Minor Road
	Road/Track
	Footpath
	Forest Walks (colour coded)
	Viewpoint