

1 Invermoriston Falls

The River Moriston's name means 'river of waterfalls'. From the car park, follow the river as it tumbles its way to Loch Ness before returning through the woodland to complete the circuit. Mature Scot's pines and a rich carpet of mosses and

ferns make this a delightful and tranquil woodland walk. The old summerhouse gives a bird's eye view of the river and the Telford Bridge. Take care though, keep to the paths and keep small children and dogs under control, as there are steep drops into the river.

Allow 30 minutes
Easy – sensible footwear
Parking – village car park



Vious from the summerhouse

Alltsigh

(Following the Great Glen Way)

This walk starts by climbing the steep minor road behind the craft shop and hotel and following the Great Glen Way (waymarked) to Alltsigh and eventually to Drumnadrochit. The initial steep climb is rewarded with excellent views over Loch Ness. Before the path narrows to take you onto a lower track, take a short detour to the stone seat viewpoint for great views over Loch Ness. Try to spot the rock shelter before reaching Alltsigh.

This wood is managed by the Forestry Commission.

Buses return to Invermoriston daily. Enquire locally for bus times. Allow 2hrs – 6km / 4miles one way 4hrs – 12km / 8miles return Moderate – waterproof footwear Parking – village car park

5 Rubha Bàn

This footpath follows the A82 to the campsite at Rubha Bàn, with excellent views of Loch Ness. Just beyond the camp site you can follow the forest trail to link up with the Great Glen Way to return to Invernoriston.

Allow 1 hours 15 minutes – 4.5km / 3 miles Moderate – waterproof footwear Parking – village car park

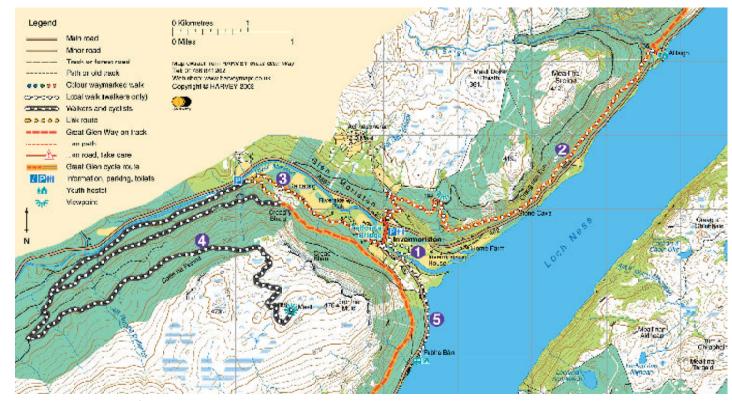
4 Sròn na Muic (can be cycled)

This route follows the same start as walk 3, then takes you on to the high ground of Sròn na Muic (nose of the pig in Gaelic). A shorter circuit can be made by returning to Dalcataig on the parallel forest road. This strenuous walk is well rewarded by far ranging views over Loch Ness and Glen Moriston. The wood is managed by the Forestry Commission.

Allow 5 hours – 23km/14miles return Strenuous – hillwalking boots Parking – village car park or beyond Dalcataig



Cròn na Mu



3 Dalcataig (can be cycled)

From the car park cross the A82, take care! Thomas Telford's old bridge is upstream as you cross the River Moriston. This bridge was completed in 1813 and took 8 years to build due to "languid and inattentive contractors." This route follows the Great Glen Way and takes you along the Dalcataig road parallel to the mighty River Moriston. After 1mile, the track takes you close to the river. Return on the same track or an extended circuit which follows the river and returns on the higher parallel road which links into route 4. The views show the low-lying strath, once used for growing flax and now forested. You also get good views over Invermoriston village and Loch Ness. The Forestry Commission manages this wood.





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